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Portraits of Disability and Difference

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Screen Shots and Second Clips

I think many can relate to the fact that I oftentimes don't have lengthy memories from the distant past, they're all just seconds, glimpses into my childhood such as the soft smile of my third grade teacher and the shrill laughter of me and my friends on the playground. I'm a collector of small moments, mental screenshots and clips of a few seconds flashing within my memory. I think some may mourn the loss of detailed images of long late-night conversations or each day of their vacation to a beach. However, I hold close the couple of words that resonated with me at 3am and the icy rush of the water grazing my feet. These short pieces remembered make the good memories easier to keep close to my heart, and the bad memories easier to bear on my shoulders. I decided my self-portrait would be a series of short clips, a small slice of the memory reel that replays in the back of my mind. I want to display the difference between who I was before and who I am after coming to Haverford.

Over a year ago, I downloaded the app, "One Second Everyday." Starting my senior year of high school, I took one second clips of each day and through the app, created a compilation of all of them in one video, a snapshot of a once promising but turned tumultuous year. I love going back and watching my friends and I grow from hopeful seniors in highschool to college students. It's also interesting to watch the transition from my life at home to my life at Haverford and how it has changed my perspective on life. For example, I've noticed that last year my clips would mostly consist of me and what I am doing, whereas the past few months have been clips of my

surroundings and what the people around me are doing. I think this shift reflects how last year I would focus more on how others perceive me whereas this year I've focused more on how I perceive others, analyzing if the relationships I have are truly beneficial to me. The collection of short videos transition from clips I have taken specifically for the project, capturing habitual actions and events in a day of my life that I found beautiful, to others I have chosen from the "One Second Everyday App" that I think portray who I was a year ago versus who I am now. For me, the clips of a year ago look more performative, each person, place, and thing propped and angled perfectly to capture a moment filtered with performance. The clips of present day look authentic, a screenshot of the image I actually am experiencing before me. I hope you can also see the growth that I see in this video!

[Link to Video!](#)